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# COMPASS POINTS

## KARANKAWA FEDERATION NEWS

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Volume 1, Issue 1

September 2004

### The Proud Heritage of Austin Adventure Guides

*A Long Tradition of Families Working Together*

**Sheri Moore**

*Federation Scribe*

The Y-Indian Guide program began as a father-son group designed to promote the father's role as teacher, counselor, and friend. Harold S. Keltner, Saint Louis YMCA Director, initiated the program in 1926 in Richmond Heights, Missouri, with the help of close friend and guide on hunting and fishing trips, Joe Friday, an Ojibway Indian, and William H. Hefelfinger, who became chief of the first Y-Indian Guide tribe.

Harold Keltner admired the work of outdoor enthusiast Ernest Thompson Seton and conceived the idea of a father-son program based upon the strong qualities of Native American culture and life -- dignity, patience, endurance, spirituality, respect for and harmony with the earth, and concern for the family. The Y-Indian Guide program was born over half a century ago to promote these values.

Y-Indian Guides was recognized as a national YMCA program in 1935, through the advocacy of Abel J. Gregg, then National Boys' Work secretary. But John A Ledlie, national adviser, in the

*Continued on page 2*

#### INSIDE THIS ISSUE

- 1 Austin Adventure Guides; Inks Lake Camp Notes
- 2 Tribal Reports
- 3 Calendar of Events; Compass Points
- 4 Tribal Tidbits
- 4 YMCA Health Fairs
- 5 Inks Lake Photos

### Inks Lake Campout Notes

*Blackfeet Tribe Initiates a Great 2004-2005 Season!*

**Dan Dworin**

*Blackfeet Chief*

The Inks Lake campout got the Adventure Guides camping season off to a roaring start as about 200 parents and kids enjoyed warm, sunny weather and the cool water of Inks Lake.

The Blackfeet tribe hosted the campout, and provided the materials and some semi-skilled labor to construct a federation totem pole. It almost survived the trip home, and will appear again at another campout after some repairs.

The Snake Doctor introduced campers to the Texas Garbage Spider, a fearsome creature that looked a little less fearsome after Snake Daughter slept with it like a teddy bear Saturday night.

The Chippewa toured Longhorn Caverns Saturday afternoon, and the dads returned looking even more haggard than usual. At last count, no boys were left underground.

The Federation Chief and Medicine Man introduced some new words for starting the council fire, we hope to get correct spellings and pronunciations at the next Longhouse. The hardworking Blackfeet crew also provided music for the Great Sprit ceremony, where we commemorated the September 11 anniversary by leading the singing of *America the Beautiful*.

A great start to what should be a great year for the Guides!



*Kids at work on the Blackfeet totem pole craft – photo by Doug and Liz Choate*



*SmokeSignals – Crow boys around the campfire, by Steve Ogden*

post World War II period of 1944 to 1962, guided the program's rapid growth across the country. Through the devotion of National Long House officers, many new programs and organizational developments at the local and national level evolved. Since 1963, the guides program has expanded rapidly. Around 900 YMCAs from coast to coast report a combined enrollment of over 30,000 parent-child groups.

The rise of the Family YMCA following World War II, recognition of the need to support girls in their personal growth, and the success of the father-son program nurtured the development of YMCA parent-daughter groups. The Y-Indian Maiden mother-daughter program was established in South Bend, Indiana in 1951 and the Y-Indian father-daughter groups began three years later in the Fresno, California YMCA.

Prior to 1969, the Y-Guides program officially included children in first through third grade only, although some groups served 9 to 11 year-olds, as well. Today, Y-Adventure Guides encourages boys and girls, age 5 through 12, and their families to participate in the guides programs.

In 2003, out of respect for the Native American community, Y-Indian Guides became YMCA Adventure Guides. Despite this change, the program continues to focus on strengthening family life and promoting the values outlined in the symbol of the compass -- caring, honest, responsibility and respect -- through the interaction of family, fun, nature and community.

(Adapted from [www.marionadventureguides.org/history.html](http://www.marionadventureguides.org/history.html).)



*Pawnee Kids on Lookout Duty by Dorr Scherz*

## Tribal Reports

### Choctaw

**Brett Rodgers**

*Choctaw Chief*

The Choctaw kids had a great time up at Inks this year. We had a new family, the Hollon's, join us for their first official campout. James and Gillian helped to terrorize the ducks, while their dad peeled the wrapper off their new tent. Another first - Marshall and Garrett mom Lynn was a first time camper. Marshall and Garrett are old pro's and showed her the ropes, although they found out she is very knowledgeable on s'more making! Summer and Sydney are still talking about our impromptu stop at the Marble Falls Region 9 High School rodeo. We can hardly wait for Krause Springs. Until next time, Ungawa!



*Pawnee kids paddle across Inks Lake in search of Adventure, by Dena and John Garcia*

### Pawnee

**Sheri Moore**

*Pawnee Chief*

The Pawnee were fortunate to have four new families attend the Inks Lake State Park campout. Hannah, Lloyd, Ben, Elias and Aaron adapted quickly to Adventure Guides activities and had a great time paddling a canoe, playing in the water, fishing, cooking s'mores and stoking the campfire. Old-timers Michael, Tyler and Dylan showed them the ropes and helped them learn the Pawnee chant. The parents worked together to produce a delicious potluck dinner and a refreshing Sunday morning breakfast. Commemorating the September 11 anniversary reminded us of how fortunate we are to be able to spend time outdoors with friends and family. We're all ready for the next campout with yet more new families! Krause Springs, here we come...

## CALENDAR OF EVENTS

### NORTHWEST YMCA HEALTH FAIR

NORTHWEST YMCA, 5807 McNEIL ROAD  
OCTOBER 2, 2004 – 10 AM TO 2 PM  
See article on next page

### SOUTHWEST YMCA HEALTH FAIR

SOUTHWEST YMCA, 6219 OAKCLAIRE  
OCTOBER 16, 2004 – 10 AM TO 2 PM  
See article on next page

### TOWN LAKE YMCA HEALTH FAIR

TOWN LAKE YMCA, 1100 WEST CESAR CHAVEZ  
OCTOBER 23, 2004 – 10 AM TO 2 PM  
See article on next page

### MUSTER DAY

CAMP MABRY  
OCTOBER 2-3, 2004 – 9 AM TO 5 PM  
This event, sponsored by the Texas National Guard, will feature military personnel, equipment, fly-overs and much more, with a focus on Texas military history.

### WILDLIFE EXPO

TEXAS PARKS AND RECREATION HEADQUARTERS, 4200 Smith School Road  
OCTOBER 2-3, 2004 – 9 AM TO 5 PM  
Experience fishing, shooting, kayaking, rock climbing, mountain biking; see and touch wildlife; learn about recreation in the Great Outdoors; see the latest in outdoor gear and services; learn about conservation.  
[www.tpwd.state.tx.us/expo/expo2004](http://www.tpwd.state.tx.us/expo/expo2004)

### KRAUSE SPRINGS CAMPOUT

KRAUSE SPRINGS  
OCTOBER 8-10, 2004  
Our next Adventure Guides outing, sure to be fun for all.

### PIONEER FARMS FALL FESTIVAL

PIONEER FARMS, 11418 SPRINKLE CUT-OFF ROAD  
OCTOBER 24, 2004  
Witness the art of 1880's carpenters and blacksmiths, enjoy horse drawn carriage rides, pumpkin decorating, arts and crafts, free hot dogs for the kids, and much more. See [www.heritagesocietyaustin.org](http://www.heritagesocietyaustin.org).

### AUSTIN POWWOW

TONEY BURGER CENTER, 3200 Jones Road  
NOVEMBER 6, 2004 – 10 AM TO 10 PM  
Experience Native American traditions. More information will follow in the next newsletter.  
[www.austinpowwow.org](http://www.austinpowwow.org)



## Compass Points

The **Four Points** of the compass symbolize the values Adventures Guides seeks to promote among its parent-child participants.

True North represents **Family** – the focal point of the program.

**Nature** and the camping experience provide the framework through which family bonds are strengthened and values are passed from parent to child.

Respect for **Community** and learning to take responsibility for oneself and others is encouraged through Adventure Guides circles.

**Fun** is the glue by which these values are bound together to make a lasting impression.

Through these four compass points, we seek to instill caring, honesty, responsibility and respect in our sons and daughters. (Adapted from *The Compass*, published by the Hawkeye Friends Forever Circle, September 2004 issue.)



*Cool Dude Elias* by Dena and John Garcia

## TRIBAL TIDBITS

The Pawnee Nation has a long and interesting history. Its name may have derived from the word *parika*, meaning horn. This term probably referred to the Pawnee custom of forming a section of hair into a curved, horn-like shape. The Pawnee called themselves *Chabiksichabiks*, 'men of men.'

The Pawnee confederation of four tribes belongs to the Caddoan family. Like many North American Plains Indian tribes, the Pawnee migrated to the northeast. Unlike some of the other groups, though, the Pawnee migrated later, and in smaller groups over long periods of time. They settled in the Platte River Valley in current day Kansas and Nebraska. Other groups in this general area included the Kansas, Arapaho, Oto, Omaha and Cheyenne.

The Pawnee raided Spanish territories in New Mexico to obtain horses and traded with the French settlers in Nebraska in the 18<sup>th</sup> century. The Pawnee did not have extensive contact with the European settlers until after the *Louisiana Purchase* in 1803. At that point, the Pawnee tribes began trading with the European settlers in Saint Louis, along with many other native groups.

The Pawnee signed a series of treaties with the United States from 1833 to 1876, ceding parts of their land. In 1876, they were removed to Oklahoma and in 1896 the Pawnee became U.S. Citizens.

Each Pawnee tribe was organized into village communities bound together around a set of ritual beliefs associated with the group's sacred object/shrine. Each group had a spiritual priest and a council of chiefs. This organization was replicated at the confederacy level, with all four tribes represented on the governing council.

Like most Plains Indians, the Pawnee hunted buffalo. They also cultivated maize, pumpkins and beans and practiced the arts of basketry, weaving and pottery. They lived in elaborately built earth lodge houses.

Four Pawnee tribes still survive: the Chaui, or Grand Pawnee, the Kitkehahki, or Republican Pawnee, the

Pitahauerat, or Tapage Pawnee, and the Skidi, or Wolf Pawnee. (Article suggested by Pawnee Tyler.)

(Adapted from the *Access Genealogy* website at:

[www.accessgenealogy.com/native/tribes/pawnee/pawnee\\_hist.htm](http://www.accessgenealogy.com/native/tribes/pawnee/pawnee_hist.htm))

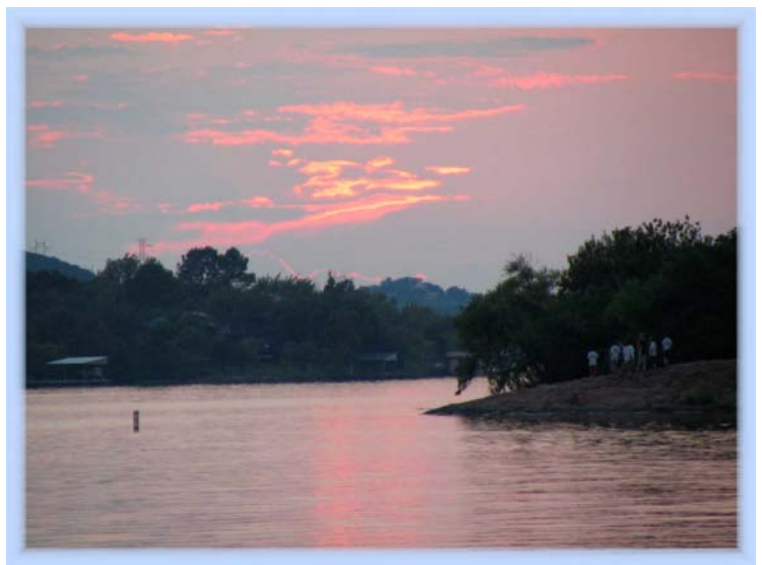
For additional information, visit the Pawnee Nation website at:

[www.pawneenation.org](http://www.pawneenation.org)

## YMCA HEALTH FAIRS

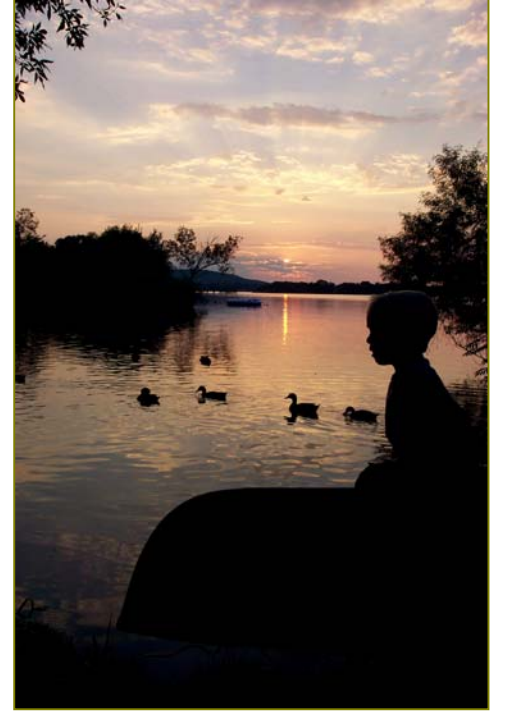
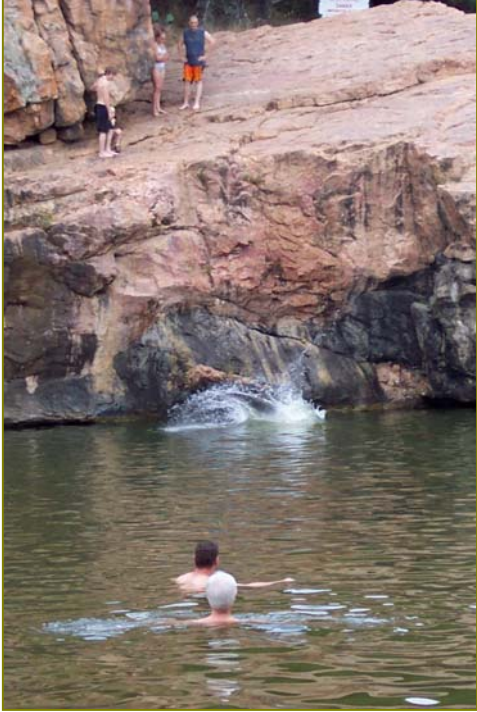
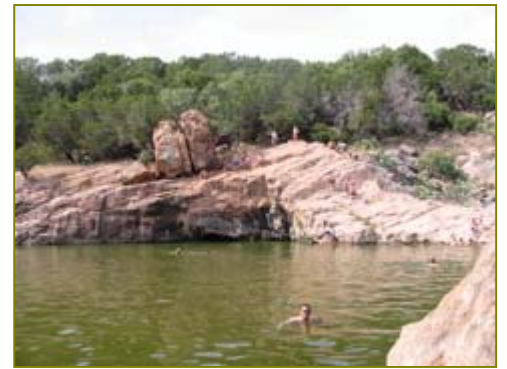
The Northwest, Town Lake and Southwest YMCA branches will each host a free health fair in October (see calendar, p. 3). All three locations will feature fun-filled activities for the entire family, including fitness demonstrations/assessments, children's activities, YMCA new membership discounts, special drawings and much more. The following organizations will host presentations: the Texas Trans Alliance, Texas Star, Kase Radio, Lowes, the Blood and Tissue Center of Central Texas, Rooster Andrews, the Travis County Sheriff's Office, Visual Planning Systems, Armstrong Chiropractic, HEB, Walgreen's, Jasons Deli, Smoothie King, a dermatologist, an acupuncturist, a nutritionist, an audiologist, a podiatrist, and YMCA of Austin Adventure Guides.

All Austin Adventure Guides are encouraged to participate. If you would like to volunteer to work in one of the booths, or help in another way, please contact Omar Santos at the event. If your tribe has anything to display at the health fairs, please contact Omar Santos at [osantos20032003@yahoo.com](mailto:osantos20032003@yahoo.com) and he will make all necessary arrangements.



*Pink Sunset* by Doug and Liz Choate.

# Images of Inks Lake



Images from top to bottom: *Allie Posing* by Doug and Liz Choate; *Morning Campfire* by Dena and John Garcia; *Craft Time* by Doug and Liz Choate; *Tonkawa Kids* by Dan Schrobilgen; *Crow Kids Making Waves* by Steve Ogden; *Crows Swim in Devil's Pool* by Steve Ogden; *Moulton's Big Splash into Devil's Pool* by Dan Schrobilgen; *Crow Boys Camp by the Water* by Steve Ogden; *Bathing Beauties* by Dan Schrobilgen; *Nate at Sunset* by Dan Schrobilgen.